

AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY BOARD (PRSCAB)

THURSDAY, JUNE 17, 2021 at 4:00 PM
ONLINE ZOOM MEETING ONLY: <https://zoom.us/j/91376769764>

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Yvonne Cordoba, Joseph Crawford, Nora McMains, Florfina Arce, Ignacio Navarro Jr., Liliana Armenta, and Mike Richards

City Staff and Guests: Audrey Denham, Maria Wright, and Victor Uribe
- IV. Non-Agenda Public Comment: The PRSCAB meeting will occur only online to ensure the safety of City residents, employees and the communities we serve. See "PUBLIC COMMENTS" section below on how to submit public comments.
- V. Approval of Minutes: March 18, 2021
- VI. Presentations
 - Senior Center Design – Community Housing Works Staff
- VII. Action Items
 - None
- VIII. Non-Action Items
 - Library and Community Services Department Merger – Audrey Denham
 - Upcoming presentations – Audrey Denham
- IX. Staff Reports and Comments
- X. Board Member Comments
- XI. Adjournment to meeting of: July 15, 2021

PUBLIC COMMENTS: The Parks, Recreation & Senior Citizens Advisory Board (PRSCAB) will receive public comments via e-mail at mwright@nationalcityca.gov regarding any matters within the jurisdiction of PRSCAB. Written comments or testimony from the public (limited to three minutes) must be submitted via e-mail by 3:00 p.m. on the day of the PRSCAB Meeting. All comments received from the public will be made a part of the record of the meeting.

Upon request, this agenda will be made available in an appropriate alternative format to persons with a disability. Contact the Community Services Department Office at (619) 336-4290 to request any disability-related modification or accommodation, including any auxiliary aids or services, that may be required by a person with a disability who requires such a modification or accommodation in order to participate in the public meeting.

Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Board Meeting
Regular Meeting Held on March 18, 2020

The Regular Meeting of the Parks, Recreation and Senior Citizens Advisory Board was called to order by Recreation Superintendent, Audrey Denham at 4:02pm, via Zoom.

Roll Call:

Members Present: Joseph Crawford, Mike Richards, Liliana Armenta, Ignacio Navarro Jr.
Members Absent: Nora McMains, Florfina Arce and Yvonne Cordoba
Staff Present: Audrey Denham, Maria Wright, Luz Molina-Lopez (City Clerk)
Guests Present: None

Non-Agenda Public Comments:

- None

Approval of Minutes: October 15, 2020 meeting minutes approved unanimously by a motion from Mike Richards and seconded by Ignacio Navarro Jr.

Presentations:

- None

Action Items:

- None

Non-actions Items:

- Introductions by board members and staff.
- Overview of the upcoming Community Service Month event.

Staff Reports and City Staff Comments:

- Maria Wright, Juanita Castaneda, Elyana Delgado, and Victor Uribe submitted reports from November 2020 through February 2021.
- Audrey Denham will be inviting the National City Police Department and Library Services Department to an upcoming meeting.

Board Member Comments:

- Liliana Armenta requested a tour to learn about programs and events hosted by the Community Services Department.

Adjournment of meeting: Motion by Joseph Crawford to adjourn meeting until April 15, 2021, and seconded by Mike Richards at 4:37 pm.

Staff Reports for March 2021

Kimball Senior Center

- Kimball Senior Center remains closed and continues to be used by the County of San Diego for Covid-19 testing.
- Activity packets with resource information for seniors, crossword puzzles, coloring sheets and jokes were mailed to over 300 registered participants.
- Weekly calls are made to registered participants who requested social wellness calls.

Camacho Center

- Camacho Recreation Center remains closed.

El Toyon

- El Toyon Recreation Center is still hosting Ballet Folklorico Spring Season. This new program now has a total of 50 registered participants.

Special Events

- The City of National City will be hosting their 7th annual Community Service Day event, except this year we will be celebrating it the entire month of April. Registration opened February 22nd to March 26th. A total of 53 households registered for this event. Each household received a cleaning kit to participate during the entire month of April. Teams were encouraged to organize their own cleanups with their households at their own time and in their own neighborhood or city parks.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We are currently distributing 160 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning.
- The youth center staff held many fun recreational activities.
- Casa de Salud is running a free day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday with walking field trips to Kimball Park on Tuesdays and Thursdays.
- In the month of March, we had a fun visit from the National City firefighters. The firefighters showcased their equipment and even allowed our youth to try on some of the gear.



Public Works

- Work completed in March 2021: weeds sprayed at parks and outer areas, ballfield maintenance, irrigation repairs, removal of homeless camps; fertilize parks, daily sanitizing of benches and playground equipment, weed abatement at Paradise Creek Park and restroom gate repairs.
- Seventy -eight trees were trimmed, fifteen trees were removed and sixteen trees were stumped.

Nutrition Center

- Congregate meals: 3,537
- HDM: 1,839

Staff Reports for April 2021

Kimball Senior Center

- Kimball Senior Center continues to be used by the County of San Diego for Covid-19 testing and therefore closed to the public.
- Monthly activity packets with resource information, word search, coloring sheets and jokes are mailed to over 300 registered participants. We have received calls from a number of our participants sharing how they enjoy the activity sheets and jokes.

Camacho Center

- Camacho Recreation Center remains closed.

El Toyon

- Ballet Folklorico classes continue to be held at El Toyon Recreation Center.

Special Events

- Staff hosted the 7th Annual Community Service Day event during the month of April. A total of 53 households and 144 people participated in the event. Each household received a cleaning kit. Teams were encouraged to complete cleanups with their household on their own time, and in their own neighborhood or nearby park.

Las Palmas Pool Report

- Las Palmas Pool remained closed to the general public for the month of April. However, we were open for limited programming such as our swim conditioning team for kids, and rental groups such as Deep End Fitness/Underwater Torpedo League and the Sweetwater Union High School District for the high school's swim and water polo seasons.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches Monday-Friday for youth 18 and younger.
- Casa de Salud is running a free day camp for members of the youth center who are National City residents from 3 pm to 7 pm Monday through Friday. Staff organized many fun recreational activities like making ice cream from scratch.

Nutrition Center

- Congregate Meals: 3,626
- Home Delivered Meals: 2096

Public Works

- Staff will provide a report during the meeting.

Staff Reports for May 2021

Kimball Senior Center

- Kimball Senior Center remains closed
- The County of San Diego continues using the senior center as a Covid-19 testing site.
- Over 300 registered participants are being sent a monthly activity packet with information on resources for seniors, crossword puzzles, coloring sheets and jokes.
- Weekly calls are made to registered participants who requested social wellness calls.

Camacho Center

- Camacho Center remains closed.

El Toyon

- El Toyon Recreation Center is now hosting Ballet Folklorico - Summer Season. Five different age group classes started the week of May 17th with a total of 51 participants registered.

Special Programming in Kimball Park

- CSD is currently hosting 3 new summer programs at Kimball Park. These programs will give our youth the opportunity to get active during summer. Participants will be competing in relay races, obstacle courses, learn the basics of soccer, T-ball, basketball and many more fun activities.
- Sunny Smiles at Kimball - Ages: 6 – 8 years old, has 11 participants registered
- Summer Times with City Staff – Ages 9 – 12 years old, has 9 participants registered
- New Beginnings Summer 2021 – Ages 13 – 15 years old, has 5 participants registered

Las Palmas Pool Report

- For May we resumed offering limited public programs such as swim lessons, lap swimming, and group exercise class. Our swim lessons completely filled up for the month, as well as our lap swim reservations, and our group exercise classes had an average attendance of about 25 participants.
- We continued to host the Sweetwater Union High School District for their water polo season, and began allowing spectators on the deck to watch the games.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We are currently distributing 160 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning.
- Casa de Salud is running a free day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday with walking field trips to Kimball Park on Tuesdays and Thursdays.
- In May staff planned a whole week of Star Wars in celebration of Star Wars day which is on May 4th.

- We also partnered with our friends from Rady Children's Hospital Safe Routes to School program to host a bike field trip with an educational presentation and a bike rodeo. Wendy from Safe Routes to School and our Community Resource officers from NCPD lead the bike rodeo where they taught the youth all the safety rules to help keep them safe while using their bikes.

Public Works

- Work completed in May 2021: weeds sprayed at parks and outer areas, ballfield maintenance, irrigation repairs, removal of homeless camps; irrigation repairs, weed abatement at Paradise Creek Park, fence and restroom door repairs.
- Ninety-two trees trimmed, six trees removed and twelve trees were stumped.