

AGENDA FOR REGULAR MEETING
PARKS, RECREATION & SENIOR CITIZENS ADVISORY BOARD (PRSCAB)

THURSDAY, MARCH 18, 2021 at 4:00 PM
ONLINE ZOOM MEETING ONLY: <https://zoom.us/j/92327720229>

Open to the Public

- I. Call to Order
- II. Pledge of Allegiance to the Flag
- III. Roll Call and/or Introductions
Board: Yvonne Cordoba, Joseph Crawford, Nora McMains, Florfina Arce, Ignacio Navarro Jr., Liliana Armenta, and Mike Richards

City Staff and Guests: Audrey Denham, Maria Wright, and Victor Uribe
- IV. Non-Agenda Public Comment: The PRSCAB meeting will occur only online to ensure the safety of City residents, employees and the communities we serve. See "PUBLIC COMMENTS" section below on how to submit public comments.
- V. Approval of Minutes: October 15, 2020
- VI. Presentations
 - None
- VII. Action Items
 - None
- VIII. Non-Action Items
 - Introductions – all board members and staff
 - Community Service Month – Audrey Denham
- IX. Staff Reports and Comments
- X. Board Member Comments
- XI. Adjournment to meeting of: April 15, 2021

PUBLIC COMMENTS: The Parks, Recreation & Senior Citizens Advisory Board (PRSCAB) will receive public comments via e-mail at mwright@nationalcityca.gov regarding any matters within the jurisdiction of PRSCAB. Written comments or testimony from the public (limited to three minutes) must be submitted via e-mail by 3:00 p.m. on the day of the PRSCAB Meeting. All comments received from the public will be made a part of the record of the meeting.

Upon request, this agenda will be made available in an appropriate alternative format to persons with a disability. Contact the Community Services Department Office at (619) 336- 4290 to request any disability-related modification or accommodation, including any auxiliary aids or services, that may be required by a person with a disability who requires such a modification or accommodation in order to participate in the public meeting.

Unapproved Minutes
Parks, Recreation, and Senior Citizens Advisory Board Meeting
Regular Meeting Held on October 15, 2020

The Regular Meeting of the Parks, Recreation and Senior Citizens Advisory Board was called to order by Board Member, Luz Molina-Lopez at 4:05 pm, via Zoom.

Roll Call:

Members Present: Yvonne Cordoba, Joseph Crawford, Luz Molina-Lopez, Florfina Arce

Members Absent: Nora McMains

Staff Present: Audrey Denham, Maria Wright, Victor Uribe, Martin Reeder

Guests Present: None

Non-Agenda Public Comments:

- Resident, Joan Rincon, asked when the Kimball Park restrooms in the center of the park would be reopened. Victor responded that the Kimball Park restrooms on A Street are open. However, the restrooms at the center of the park will remain closed until further notice.

Approval of Minutes: February 20, 2020 meeting minutes approved by a motion from Luz Molina and seconded by Joseph Crawford

Presentations:

- 24th Street Transit Oriented Development Overlay (TODO) Plan – Martin Reeder, Planning Department

Action Items:

- Motion to cancel December 17, 2020 meeting made by Joseph Crawford and seconded by Yvonne Cordoba

Non-actions Items:

- Zoom Etiquette
- Board Vacancies – two vacancies on the Board and two vacancies on the Public Art Committee
- Prop 68 Grant – the City was not awarded the grant but will be applying again in December 2020
- Special events during COVID19 – Virtual Marathon, Halloween Costume Contest and Pumpkin Carving Contest, Halloween Drive In Movie, Turkey Trot, Santa Cruise and Holiday Drive In Movie

Staff Reports and City Staff Comments:

- Maria Wright, Juanita Castaneda, Elyana Delgado, and Victor Uribe submitted for March through September 2020

Board Member Comments:

- Luz Molina requested meetings be hosted in person while practicing social distancing and wearing face coverings.
- Florfina Arce told everyone to be safe.
- Yvonne Cordoba needs assistance with the City background and her picture for

Zoom.

- Joseph Crawford would like to know more about mental health trends, isolated youth and seniors, and crime prevention.

Adjournment of meeting: Motion by Florina Arce to adjourn meeting until November 19, 2020, and seconded by Joseph Crawford at 4:55 pm.

Staff Reports for October 2020

Kimball Senior Center

- Senior center staff have been making social calls to participants to check in on them.
- Staff is assisting the Community Development department with the Age-Friendly National City survey and doing outreach at the Kimball and Morgan Towers.
- An activity packet was sent out in October with a survey on virtual programming, community resource numbers helpful to seniors, word searches, coloring sheets, and information on a virtual Feeling Fit class available on Zoom with instructor Russell Rowe.

Camacho Center

- Camacho center remains closed.
- Winter season registration starts November 9, and classes will begin on November 30. Once again our talented Recreational Leader III, Cassandra Martinez, will be teaching virtual guitar lessons and music lessons.
- Mirrors were installed at El Toyon Recreation Center, allowing staff to bring contract instructors to teach dance programs.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We are currently distributing 225 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning.
- Casa de Salud is running a day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday with field trips to Kimball Park on Tuesdays and Thursdays.
- During the month of October our staff planned fall themed activities and a fall festival for the youth. Activities included a wings and pizza feast, haunted maze, spooky decorations, fall themed crafts and games, and a pajama day.

Las Palmas Pool

- We have continued our limited operations of Lap Swim, Group Exercise, Swim Lessons and Swim Conditioning, while we are still dealing with COVID restrictions.
- Lessons were full for the month of October, and many participants signed up for our November lessons, which will be the last lessons offered for the year. Private swim lessons are available during winter months.
- Group Exercise averaged 18 participants a day, with a high of 34 and a low of 14.
- Lap swim reservations continue to fill up, especially with the pool being one of the few (50 meter) pools open in the county.

Special Events

- The Community Services Department hosted the first ever free Spooky Drive-in movie at Westfield Plaza Bonita on Friday October 23th with 35 cars in attendance. Halloween candy bags were distributed to each car. Our partners at Rady Children's Hospital – Safe Routes to School raffled off 2 children's bikes to participants that

completed a bike safety survey. Additionally, 3 families received corn hole sets, made by our staff.

- Our department hosted the first ever free Virtual Halloween Costume and Pumpkin Carving Contests. We had 56 people register to participate with only 16 following through with submitting their pictures for judging. We had 6 Overall Best winners who received a \$50 gift card and 10 first place winners in the following categories who received \$25 gift cards. The categories were most creative, scariest, funniest, prettiest and overall best.

Public Works

- Work completed in October 2020: weeds sprayed at parks and outer areas, ballfield maintenance, removal of homeless camps, sanitizing of benches and playgrounds daily, irrigation repairs and fertilizing parks; 95 trees trimmed, 32 trees removed and 12 trees stumped.

Nutrition Center

- An oral report will be given by Nutrition Center volunteer at the meeting.

Staff Reports for November-December 2020

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We have been distributing 225 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning. Due to the City furlough closure we did not distribute meals from December 21, 2020 to January 1, 2021. Our partners at Feeding San Diego were able to provide our site with extra food for families to take home on Friday, December 18, 2020 to help with the two week furlough.
- Casa de Salud is running a day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday but was also closed during the two week city furlough.
- In November and December our staff planned many holiday themed crafts and activities for the youth including a turkey dinner and dodge ball game with NCPD school resource officers, gingerbread house decorating, holiday cookie decorating, and custom gifts using the 3D printer.

Camacho Center

- Camacho center remains closed.
- Winter season is currently underway, our virtual private and semi-private lessons are full. A total 13 participants are taking virtual music lessons.

Special Events

- During the month of November we hosted the Turkey Trot where registered participants had to finish a 5k on their own time. Participants of all ages were encouraged to go outside to walk, run, roll, or swim a 5k. On November 21 participants that completed their 5k were able to drive by to pick up their turkey trot shirt and medal.
- Due to the pandemic the Community Services Department was unable to host the annual A Kimball Holiday event. As an alternative and while following county guidelines, staff created the Santa Cruise and 50 households participated in the event. Santa and his elves visited each household and participants took pictures with Santa and received a holiday basket. In an effort to bring Santa to the rest of the community, at the end of the route Santa's caravan along with the fire engine and police officers cruised by National City Blvd and Highland Ave.

Public Works

- The Parks department has been busy disinfecting the playgrounds benches and tables daily; fertilized and aeriated all parks; replaced 320 plants along paradise creek at Kimball Park and sprayed herbicides.
- All three parks and outer areas reconditioned; fixed irrigation in Kimball Park and helped remove 6 homeless camps.
- Removed 20 dead palms, trimmed 300 trees and removed 25 hard woods.
- Along with the regular mowing, cleaning, hedge trimming, sports field repairs, maintenance and weekly watering of 350 new trees.

Staff Reports for January 2021

Kimball Senior Center

- An activity packet was sent out in December 2020 with community resource numbers helpful to seniors, word searches, and coloring sheets.

Camacho Center

- Camacho center remains closed.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We are currently distributing 160 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning.
- Casa de Salud is running a free day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday.
- The day camp program had to close for 2 weeks as a precaution due to a potential COVID exposure among youth and staff. We were able to re-open on January 25.
- For the month of January our staff planned many fun recreational activities including a mini basketball tournament, dodgeball games, wall tag, circuit training, red light/green light, Simon says, New Year's resolution activity, daily homework help, and painting figurines printed on the 3D printer.

Las Palmas Pool

- Las Palmas is currently closed to the public.
- We are offering a swim conditioning program in the evenings for kids 18 and under, and we are also renting the pool out to various sports groups.

Nutrition Center

- Home Delivered Meals: 1771
- Take Out Meals: 1776

Staff Reports for February 2021

Kimball Senior Center

- Staff is working on implementing some virtual senior activities and classes.

Camacho Center

- Camacho center remains closed. We are currently working with some contract instructors to start camp during our spring season.

El Toyon

- El Toyon Recreation Center is currently hosting a new contract instructor program during our spring season. Ballet Folklorico classes are being held four days a week for five age groups. There are 42 participants signed up for the classes.

Manuel Portillo Casa de Salud Youth Center

- Casa de Salud continues to partner with Feeding San Diego to provide free emergency lunches. We are currently distributing 160 free meals Monday-Friday for youth 18 and younger. Meals include a hot lunch item, milk, fruit, vegetables and a breakfast item for the next morning.
- Casa de Salud is running a free day camp for members of the youth center who are National City residents. The day camp is limited to 12 youth and all County protocols are being followed. Our day camp runs from 3 pm to 7 pm Monday through Friday.
- For the month of February our staff planned many fun recreational activities including basketball, baseball, football, hockey, dodgeball, fieldtrips to Kimball park, giant bubbles activity, zombie tag, hula hoop forts, Pictionary, cup cake decorating, Lego building, origami, sharks and minnows, movie nights daily and homework help.
- Staff hosted a friendship and birthday celebration which included treats (Valentine's Day candy, pizza, wings, cheese cake and sparkling apple cider); Officer Palumbo from the NCPD school resources team stopped by shared a meal and stories with the youth. He also brought some giveaways so staff organized a friendly basketball shoot out and hula hoop competition.



Public Works

- Work completed in February 2021: weeds sprayed at parks and outer areas, ballfield maintenance, irrigation repairs and removal of homeless camps; 86 trees trimmed, 20 date palms removed and 5 trees stumped.

Nutrition Center

- Home Delivered Meals: 1,618
- Take Out Meals: 2,824